

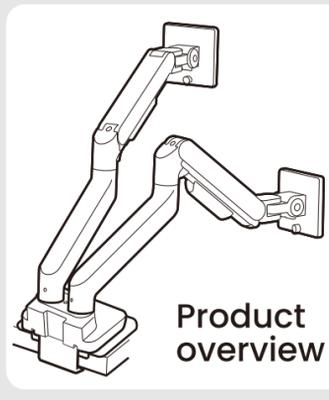
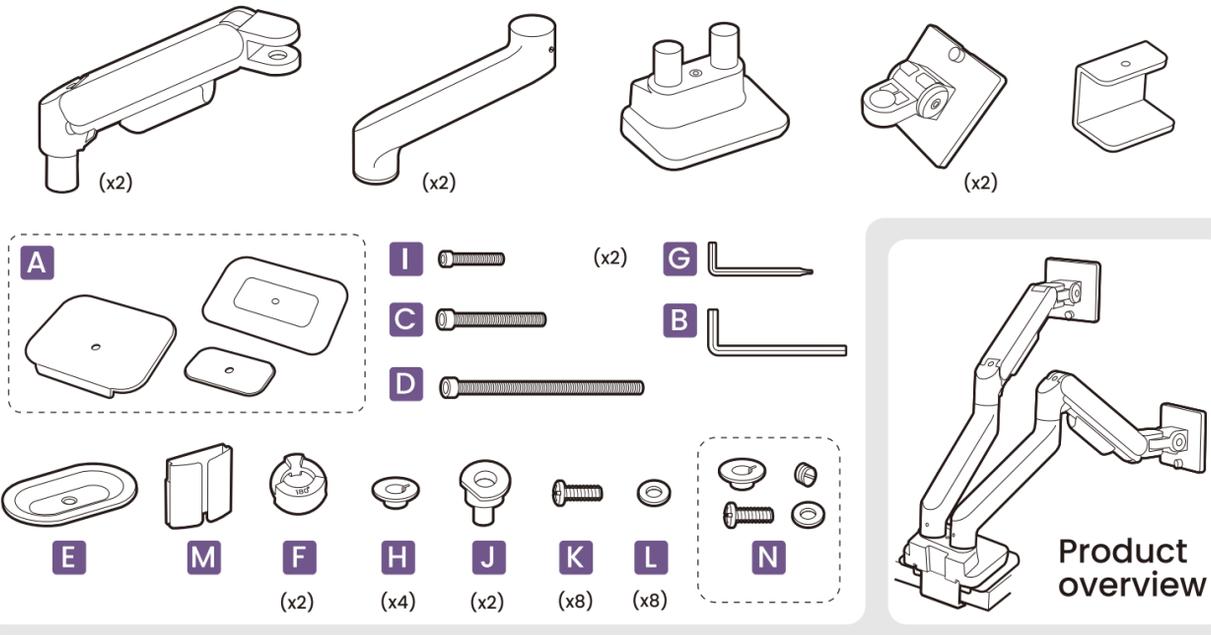


**Easy start**  
 かんたんスタート  
 Schnellstart  
 Démarrage facile

# Monitor Accessory Quick Start Guide

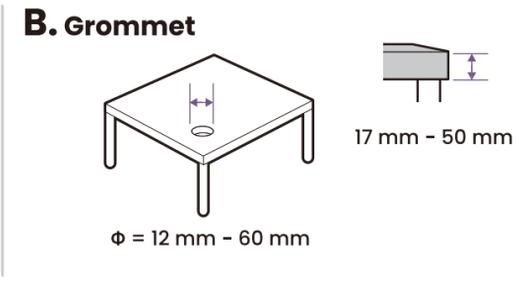
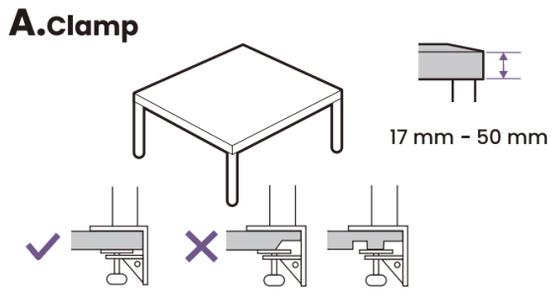
Ergo Arm | BDH01  
 DN:BDH01-EQ-V3

## Package contents



## 1

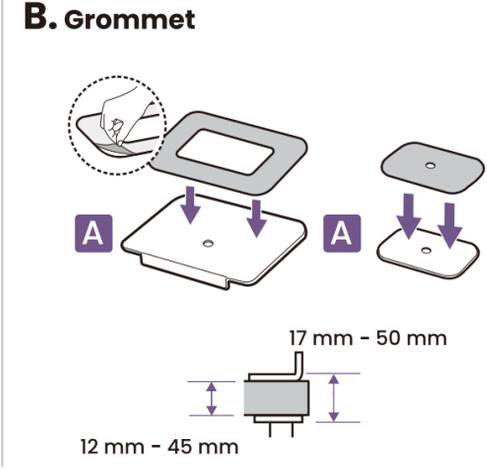
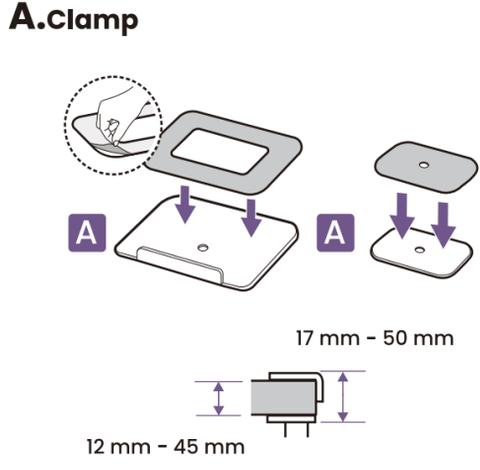
### Mounting options



## 2

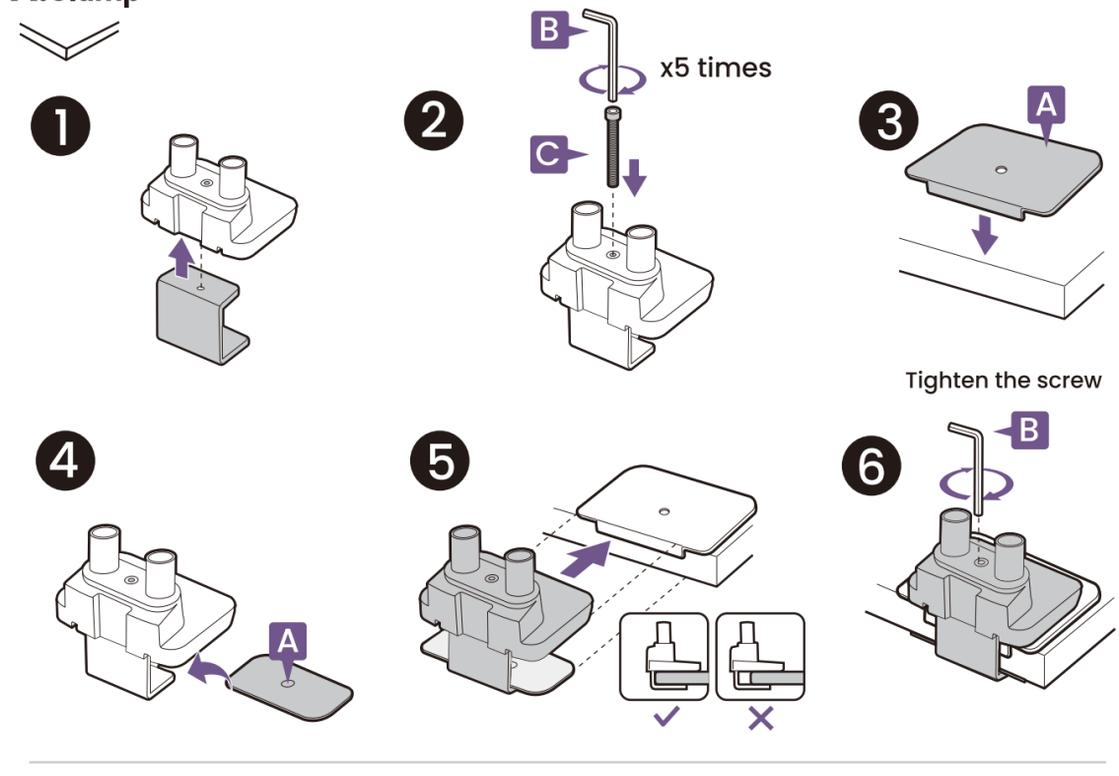
### Desk protection (recommended)

Required for glass or fragile tabletops.  
 Use reinforcement plates to protect tabletops and enhance stability.

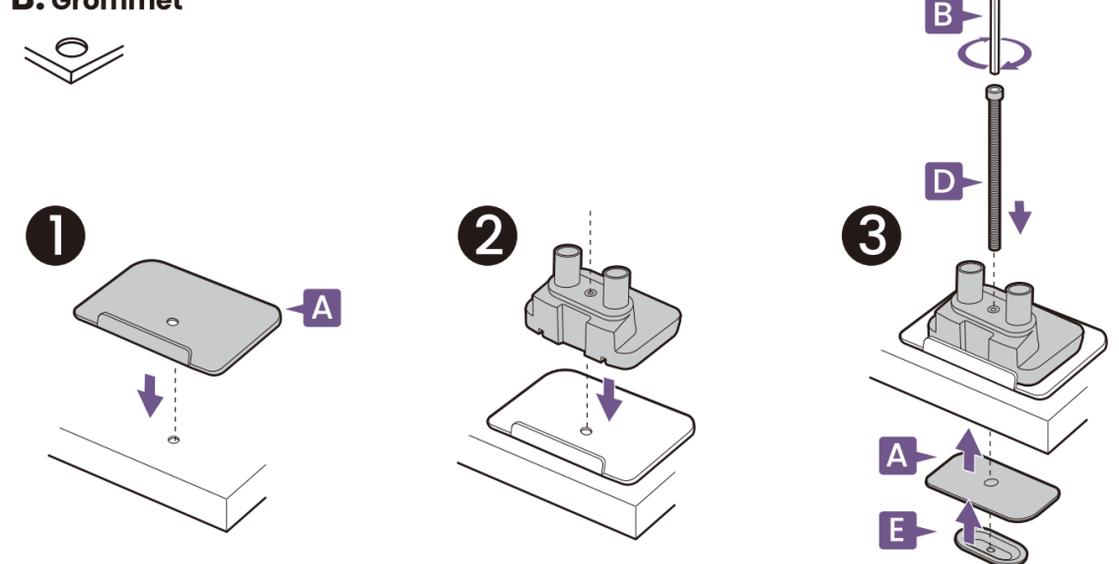


## 3

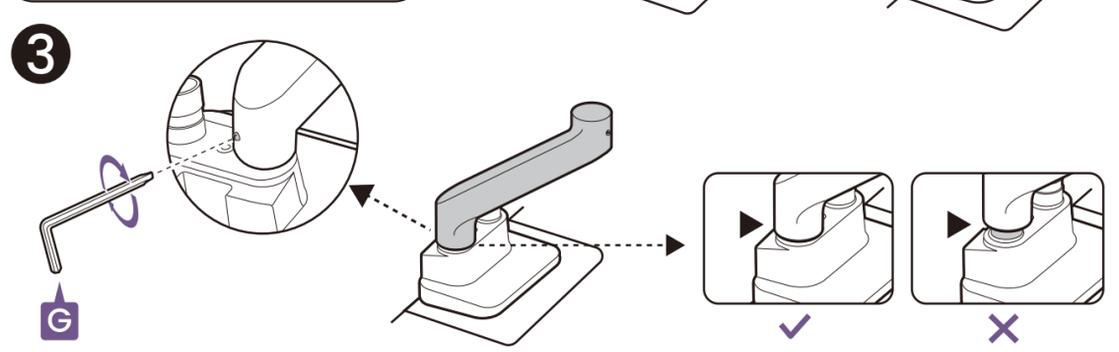
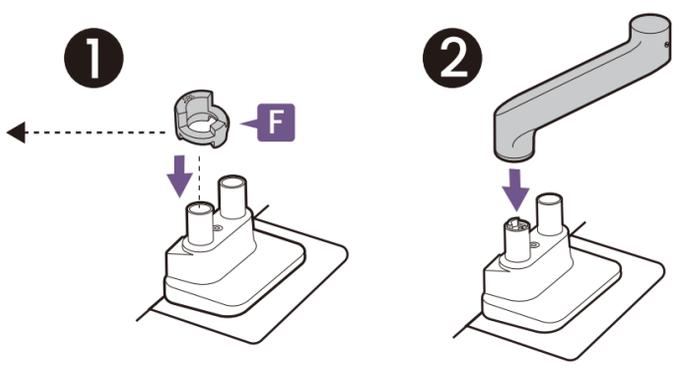
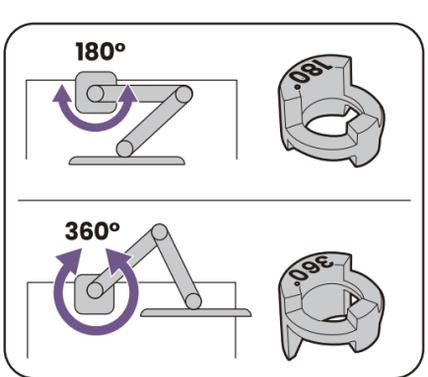
### A. Clamp



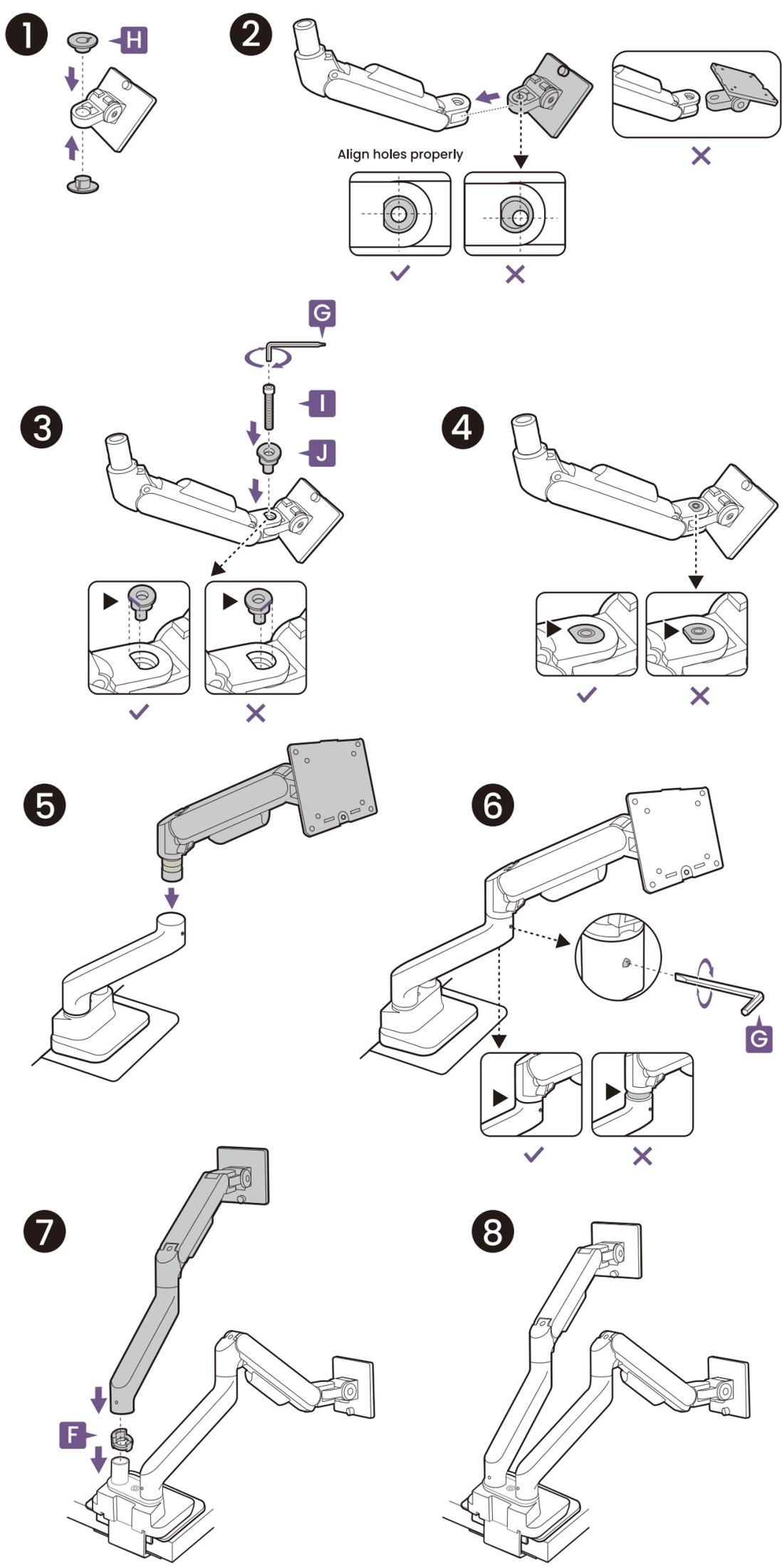
### B. Grommet



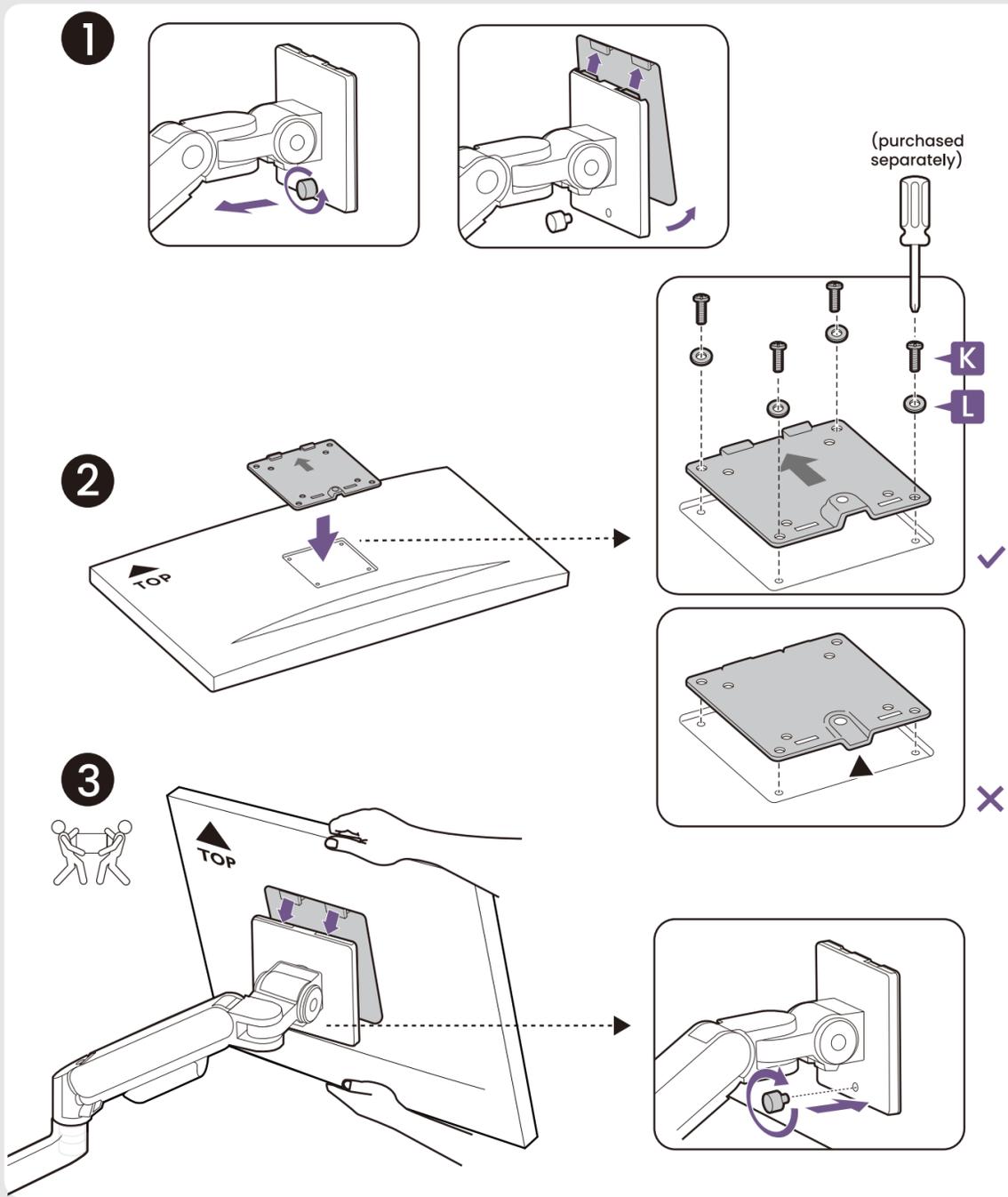
## 4



# 5

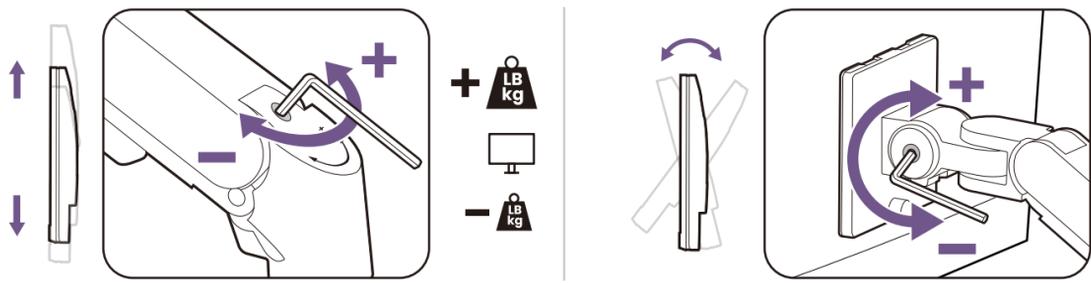


# 6



# 7

**Force adjustment** Try to lift, lower, or tilt the monitor. If it does not stay at the preferred height/angle, make adjustment as illustrated.



## Cable management (optional)

